

Band Warm-up

#1 The FIVE NOTE SCALE

B \flat C D E \flat F E \flat D C B \flat

●○ $\bar{\text{d}}$ ○○○, ●○ $\bar{\text{d}}$ ○○○, ○● $\bar{\text{d}}$ ●●●, ○● $\bar{\text{d}}$ ●●●, ●● $\bar{\text{d}}$ ○○○, ○● $\bar{\text{d}}$ ●●●, ○● $\bar{\text{d}}$ ●●●, ●○ $\bar{\text{d}}$ ○○○, ●○ $\bar{\text{d}}$ ○○○, or ●○ $\bar{\text{d}}$ ●●●, or ●○ $\bar{\text{d}}$ ●●●

#2 Tongue each note...and see how many notes you can go without taking a breath!

#3a Keep your air steady for the entire exercise!

#3b

#4 Articulate each note with your tongue...but be sure to keep your air stream going!

#5 Keep fingers curved and close at all times!

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#1 The FIVE NOTE SCALE

C D E F G F E D C

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#1 The FIVE NOTE SCALE

Musical notation for exercise #1: The FIVE NOTE SCALE. The staff shows notes G, A, B, C, D, C, B, A, G. Below the staff are nine diagrams of an alto saxophone showing the fingerings for each note.

#2 Tongue each note...and see how many notes you can go without taking a breath!

Musical notation for exercise #2. The first staff has a sequence of notes: G, A, B, C, D, C, B, A, G. The second staff has a sequence of notes: G, A, B, C, D, C, B, A, G, with a final note G followed by a rest.

#3a Keep your air steady for the entire measure!

Musical notation for exercise #3a. It shows a single staff with a sequence of notes: G, A, B, C, D, C, B, A, G.

#3b

Musical notation for exercise #3b. It shows a single staff with a sequence of notes: G, A, B, C, D, C, B, A, G.

#4 Articulate each note with your tongue...but be sure to keep your air stream going!

Musical notation for exercise #4. It shows a single staff with a sequence of notes: G, A, B, C, D, C, B, A, G.

#5 Keep fingers curved and close at all times!

Musical notation for exercise #5. It shows a single staff with a sequence of notes: G, A, B, C, D, C, B, A, G.

Band Warm-Up

#1

The FIVE NOTE SCALE

C D E F G F E D C

1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3

#2

Tongue each note...and see how many notes you can go without taking a breath!

#3a

Keep your air stream steady for the entire exercise!

#3b

#4

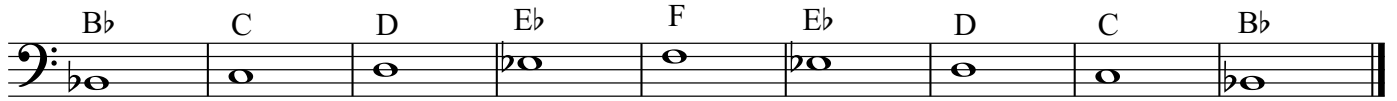
Articulate each note with your tongue...but be sure to keep your air stream going!

#5

Keep your air stream strong!

Band Warm-up

#1 The FIVE NOTE SCALE



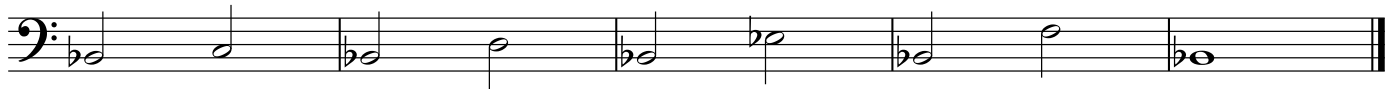
Trombones: 1st position 6th position 4th position 3rd position 1st position 3rd position 4th position 6th position 1st position

Baritones: 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3

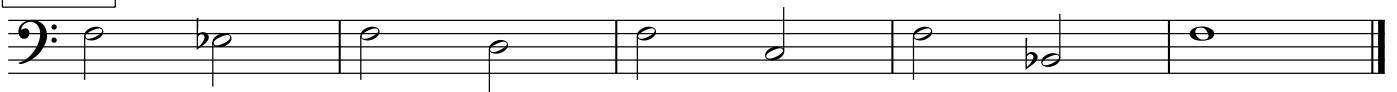
#2 Tongue each note...and see how many notes you can go without taking a breath!



#3a Keep your air steady for the entire exercise!



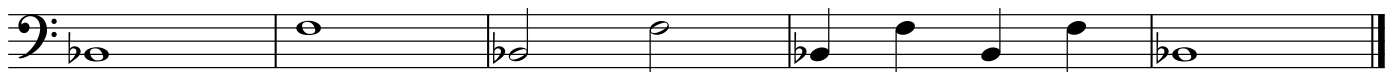
#3b



#4 Articulate each note with your tongue...but be sure to keep your air stream going!



#5 Keep your air stream strong!



Band Warm-up

#1 The FIVE NOTE SCALE

R L R L R L R L R

#2 Use proper stick grip at all times. Follow the sticking.

R L R L R L R L R

#3a Notice that your left hand stays on the Bb.

L L L L L L L L

#3b Notice that your right hand stays on the F.

R R R R R R R R

#4 Alternate hands. Keep a steady beat and tap your foot!

#5 Watch your music (not your hands).

R L R L R L R L R L R L R L

Band Warm-up

#1 The FIVE NOTE SCALE

B \flat C D E \flat F E \flat D C B \flat

R L R L R L R L R

#2 Use proper stick grip at all times. Follow the sticking.

R L R L R L R L R

R L R L R L R L R

#3a Notice that your left hand stays on the B \flat .

L

L

L

L

L

#3b Notice that your right hand stays on the F.

R

R

R

R

R

#4 Alternate hands. Keep a steady beat and tap your foot!

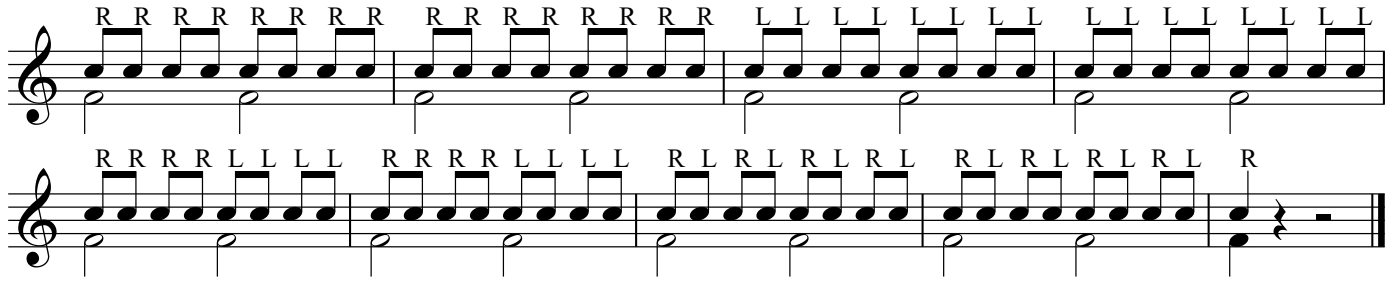
#5 Watch your music (not your hands).

R L R L R L R L R L R L R L

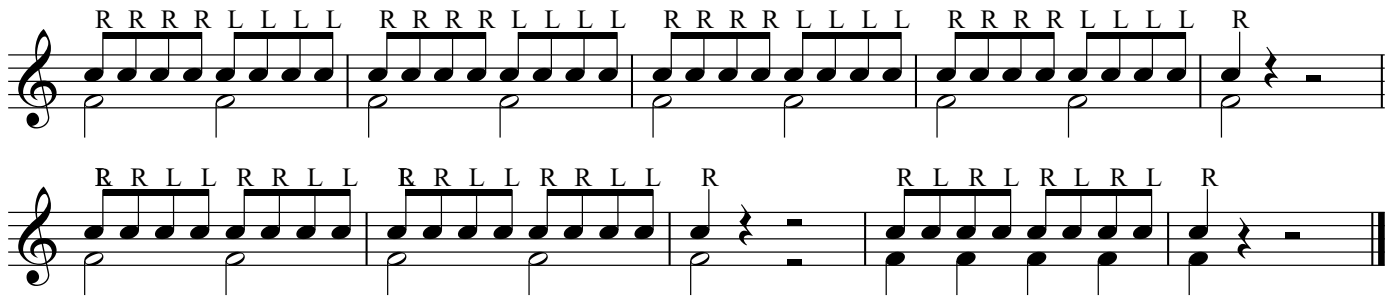
Snare Drum
Bass Drum

Band Warm-up

#1 The FIVE NOTE SCALE



#2 Be sure to follow your sticking!



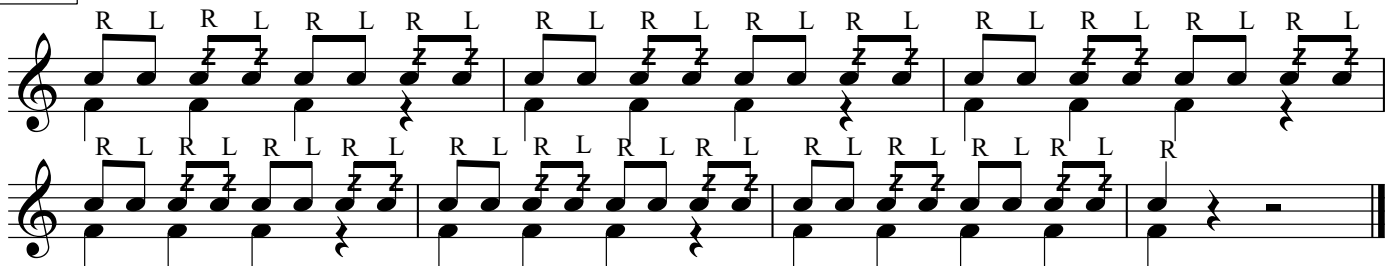
#3a This sticking pattern is called a "paradiddle".



#3b



#4 Watch your stick height! Not too high!



#5 Be sure to use your wrist!

